



Quick Dinner Tips from

- Save time by chopping vegetables the night before. Chill in a Ziploc® brand Slider Bag.
- When freezing leftover alfredo or spaghetti sauce, place in a Ziploc® brand Freezer Bag, lay the bag flat in the freezer so they can cool quickly. The bags will also thaw faster when ready to use.

Other

- [illegible]

- ☐ Butter
- ☐ Eggs
- ☐ Grated Parmesan cheese
- ☐ 1 carton (8 oz.) heavy whipping cream
- ☐ 1 pkg. (8 oz.) shredded Monterey Jack cheese
- ☐ 1 pkg. (5 oz.) shredded Swiss cheese

- ☐ 1 broiler/fryer chicken (3 to 4 lbs.)
- ☐ 1 pkg. (16 oz.) cubed fully cooked ham
- ☐ 1-1/2 lbs. ground beef
- ☐ 4 boneless pork loin chops (5 oz. each)

□ 1 pkg. (16 oz.) linguine

- ☐ 1 bunch broccoli
- ☐ 1 large red onion

- ☐ Cider vinegar
- ☐ Olive oil
- ☐ 1 jar (12 oz.) honey Dijon mustard
- ☐ 1 can (8 oz.) tomato sauce

- ☐ Pepper
- ☐ Salt
- ☐ 1 pkg. (2 oz.) onion soup mix
- ☐ 1 envelope taco seasoning

☐ 1 bottle (12 oz.) beer

- 1 pkg. (12-1/2 oz.) nacho tortilla chips