



- ☐ 1 pkg. (12-1/2 oz.) pita breads
- ☐ 1 pkg. flour tortillas (10 in.)

- ☐ All-purpose flour
- ☐ Cornstarch

- ☐ Chicken broth
- ☐ 1 can (10-3/4 oz.) condensed cream of celery soup

- ☐ Butter
- ☐ Milk
- ☐ Parmesan cheese
- ☐ 1 pkg. (8 oz.) shredded cheddar-Monterey Jack cheese
- ☐ 1 pkg. (4 oz.) crumbled blue cheese
- ☐ 1 pkg. (8 oz.) cream cheese

- ☐ 1 pkg. (14 oz.) frozen pepper strips
- ☐ 1 pkg. (19 oz.) frozen cheese tortellini

- ☐ 8 turkey breast tenderloins (5 oz. each)
- ☐ 1-1/4 pounds boneless beef sirloin steak
- ☐ 8 oz. cubed fully cooked ham

- ☐ Ziploc® brand Bags
- ☐ Ziploc® brand containers

- 1 pkg. (16 oz.) linguine

- ☐ Minced garlic
- ☐ Onions
- ☐ 1 pkg. (16 oz.) fresh baby carrots
- ☐ 1 bunch celery
- ☐ 1 bunch romaine lettuce

- ☐ A.1. steak sauce
- ☐ Louisiana-style hot sauce
- ☐ Olive oil

## Quick Dinner Tips from

- When recipes call for part of a raw vegetable, cut it all up. Place the extra pieces in a Ziploc® brand Storage Bag with the Smart Zip™ seal and place in the fridge for another day.
- Cook pasta short of al dente, cool and store in Ziploc® Twist'n Loc® containers. Microwave when ready to use.

- ☐ Dill weed
- ☐ Dried basil
- ☐ Dried minced onion
- ☐ Dried oregano
- ☐ Dried parsley flakes
- ☐ Dried thyme
- ☐ Paprika
- ☐ Pepper
- ☐ Salt
- ☐ Seafood seasoning

- 1 lb. cooked medium shrimp, peeled and deveined

## Other

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